

PE Curriculum Map

All named sports are taught through a multi skills approach.

All REAL PE Units have a physical and a multi-skills emphasis: Physical skills, Dynamic balance to agility, Co-ordination, Balance, Creative, Cognitive, K & U of Health and Fitness, Personal and Social skills.

Year Group	Autumn	Spring	Summer
	All equipment and sports are taught at KS1 through a multi-skills approach.		
YR	REAL PE Unit 1 – Personal Gym	Real PE Unit 3 – Cognitive Gym/Dance	Real PE Unit 5- Apply physical skills Games
	Real PE Unit 2 – Social Games	Real PE Unit 4 – Creative Games	Real PE Unit 6- Health & fitness Athletics
Year 1	REAL PE Unit 1 – Personal Games	Real PE Unit 3 – Cognitive Games	Real PE Unit 5- Apply physical skills Games
	Real PE Unit 2 – Social Gym	Real PE Unit 4 – Creative Dance	Real PE Unit 6- Health & fitness Athletics
Year 2	REAL PE Unit 1 – Personal Games	Real PE Unit 3 – Cognitive Games	Real PE Unit 5- Apply physical skills Games
	Real PE Unit 2 – Social Gym	Real PE Unit 4 – Creative Dance	Real PE Unit 6- Health & fitness Athletics
			Mini Camp – (residential)
Year 3	REAL PE Unit 1 – Personal Football Indoor athletics	Real PE Unit 3 – Cognitive Table tennis	Real PE Unit 5- Apply physical skills Athletics
	Real PE Unit 2 - Dance	Real PE Unit 4 – Creative Gymnastics	Real PE Unit 6 – Health & Fitness Swimming
			OAA (residential)
Year 4	Real PE Unit 1- Personal Rugby Indoor athletics	Real PE Unit 3 -Cognitive Dance	Real PE Unit 4 - Creative Tennis
	Real PE Unit 5 – Apply phys Skills Gym/Short tennis	Real PE Unit 2 - Social Badminton Basketball	Real PE Unit 6 - Health & Fitness Cricket
			Swimming & OAA (residential)
Year 5	REAL PE Unit 1 – Cognitive Netball Indoor athletics	Real PE Unit 3 - Social Hockey Volleyball	Real PE Unit 5 – Health & Fitness
	Unit 2 - Creative Gymnastics T tennis	Unit 4 - Apply Physical Skills Swimming Dance	Unit 6 - Personal Rounders
			OAA (Residential)
Year 6	REAL PE Unit 1&2 – Cognitive Hockey & Swimming	Real PE Unit 3 - Social Basketball	Real PE Unit 5 – Health & Fitness Tennis
	REAL PE Unit 2 -Creative Gymnastics Indoor athletics	Unit 4 - Apply Physical Skills Dance	Unit 6 - Personal Athletics
			OAA (Residential)

Units may be taught in different terms if better suited to cross-curricular links for that term/topic.

Sports listed are suggestions. If you plan to teach different sports then inform the next teacher.

Invasion games- netball, football, rugby, hockey, basketball <http://www.youthsporttrust.org/media/739946/invasion.pdf>

Net & Wall – volleyball, tennis, table-tennis, badminton <http://www.youthsporttrust.org/media/739962/Net%20and%20Wall.pdf>

Striking & fielding – cricket, rounders, <http://www.youthsporttrust.org/media/740046/Striking%20and%20Fielding.pdf>

Athletics, Gymnastics, Dance & Swimming – see teachers resources/site for year group planning.